

Message from the President



Bitsie Clark and I recently attended the 6th national Village-to-Village gathering, in Seattle, where we had the opportunity to compare our organization to other villages around the country. HomeHaven is clearly among the leaders. Our hub and spoke business model has gained considerable favor;

several new villages are emulating our design and others are considering changing to the way we manage to grow while preserving neighborhood autonomy.

For me, the most interesting presentation was by Beacon Hill Village, generally considered to be the first and leading example of the village movement. Beacon Hill began by explaining that its membership recruitment had hit a plateau, "Not Quite Readies" were not joining, and fund development was becoming unproductive. In a sweeping reassessment of focus, they concluded that aging itself was culturally undervalued and that not just Beacon Hill's but general society's attitudes about the elderly had to be fundamentally revisited and improved. After considerable effort they produced an entirely new mission statement, focused on challenging "the mainstream thinking that presumes elders lose their value and that this phase of life is less important

Solstice Sun, Shining Bright! Shortest Day & Longest Night. Solstice Wish of Hope & Cheer: Peace on Earth, throughout the Year!

- Selena Fox

than earlier phases. In so doing, we hope to inspire others to change how they think about aging and create new, more positive ideas about what this phase of life is and can be."

I find this restatement of purpose to be effective and inspiring, and I hope we can adopt Beacon Hill's insights into our own promotion and recruitment. You'll be interested to know that after Beacon Hill Village incorporated these concepts into its general operating framework their membership started to climb, several obstinate "Not Quite Readies" finally joined, and they've been successful with several grant applications. *continued on page 2*

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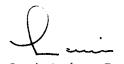


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Message from the President continued from page 1

Our purpose has evolved from its original expression, "helping elderly neighbors to age at home as long as possible." Now, with our office and with our wonderful cadre of volunteers we support our six villages and their leaders with transportation and advice about home maintenance and health care. We arrange social and cultural opportunities to forestall isolation and engender companionship. Borrowing from the precepts of Beacon Hill Village, "we embrace a wide range of opportunities to *connect* with one another, *care* for one another, and make *choices* in how we live, give back, and spend our time."



Louis Audette, President

... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 64 rides
- 44 home visits
- 19 computer assists
- 32 referrals for household help by volunteers or vetted providers

Note: Members often make repeat calls to a service provider without informing the office. You can help us keep accurate records by letting us know every time you use a provider we recommended. *It's important!!*

Look for monthly reports giving rolling threemonth totals.



Remember Home Haven with a bequest — A gift that costs you nothing during your lifetime.

Beware Of the Scammer!

HomeHaven and Webster Bank sponsored a breakfast presentation on Elderly Fraud on November 10th. About 50 of HomeHaven's most risk averse and attentive members gathered at the New Haven Lawn Club to hear Kim Syrop, Webster's Director of Fraud and Loss Management, and her colleagues (including an agent from the FBI), discuss procedures the bank uses to detect and combat scams and fraud attacks. Without disclosing important details, they explained that, for every hour the bank works to stop crime, the criminals work two! Ms Syrop listed various schemes that criminals, often based abroad, use to lure victims, both by telephone and email, especially among the elderly population.

If you suspect you might be the target of a scammer, hang up or delete the message *immediately*. Never give personal or financial information over the phone or by email to someone you do not know is legitimate. If it appears that a fraudulent event has actually taken place, HomeHaven (203-776-7378) has a list of regional, state, and local services that may be able to help with investigation and property recovery. But the panel made it clear that money payments are almost always impossible to recover because of the international scope of criminal networks and the speed of money transfers.

The event was congenial and informative, and marked another example of the generous support HomeHaven enjoys through Webster Bank's sponsorship.

NOTE: For more on how to detect and deal with phone or email scams, see two articles by Christa Sammons of HomeHaven's Information Technology Task Force. "Beware the Phisherman" in the June 2014 issue of HomeHaven News, and "Don't Go There" in October 2014, available to members to download in the Documents section of the HomeHaven website.

HomeHaven News

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MEET OUR MEMBERS : A Conversation with Sharon Carter Matthews by Patty Langdon

Sharon Carter Matthews has had a long and successful career in architectural education — as head of two schools of architecture, as executive director of the National Architectural Accrediting Board, and currently as a consultant on strategic planning, self-assessment, and accreditation for schools of architecture around the world. But when she enrolled at Georgia Tech in 1961, she was headed in quite a different direction.

Sharon grew up in the south. Her dad was an officer in the US Air force, flying bombers in WWII and Korea and B47s during the Cold War. They moved around a lot — Sharon attended seven schools before graduating from high school. Her favorite was the middle grades in Waco, Texas, where she had two male teachers who gave her the confidence she needed to excel in school. They "believed for me," she said. Then, in a Savannah high school, she was chosen to participate in the Joe Berg Science Seminars, where she worked in professional chemistry and physics laboratories, attending these sessions at 7 a.m. before going to her regular high school. Her teachers encouraged her to consider a career in science and she applied to and was accepted at Georgia Tech.

There were 81 women and 11,000 men at Georgia Tech in 1961 and women were considered persona non grata. There were special rules for female students (no hair in rollers, no smoking standing up, no shorts without a covering raincoat, etc.). Frat boys would rain stones on the heads of female students when they passed the fraternity houses. Secretaries would sometimes refuse to give up the key to one of the few women's toilets on campus. Women could not major in any subject that was offered by any other Georgia state school. That left architecture and engineering. There turned out to be too many roadblocks to an engineering major so Sharon switched to architecture. She eventually left Georgia Tech to marry a fellow student, John Matthews. Although later divorced, she and John have three much loved children of whom Sharon is extremely proud. Son Jay is a fire fighter in Hamden; Pels, a realtor in Washington, CT; and Molly Connor, a homemaker and avid ice hockey player in Swampscott, MA. Sharon spends a lot of time with her family, which includes her brother and her 96-yearold mother. She enjoys messing around in her current boat, Tangaroa, a New Zealand craft named for a Maori sea god, which is moored in Branford.



Sharon Matthews with Tangaroa

Sharon graduated from Columbia in 1979 with a BA in Art History, developing her interests in design education and the architecture of war. She earned the Master of Architecture degree from Yale in 1984, where she studied under, and later married, Professor Peter Millard, whom Sharon calls "the greatest architect of the 20th century." A long and happy relationship ensued before his death in 2009.

Sharon has been Manager for the Canberra Accord, an international consortium of architectural accreditation agencies, and has been part of a team developing heritage conservation courses and a new Master of Historic Preservation degree at the National College of Arts in Rawalpindi, Pakistan. She has worked as a consultant with schools in Indonesia, Saudi Arabia, Vietnam, Turkey, Canada, Istanbul, and Lebanon. She is very much a citizen of the world.

A thoughtful, articulate, and intelligent woman, Sharon is delighted to be part of HomeHaven. She was introduced to it by the late Judith Baldwin, her tent mate and co-boat builder one summer in Maine. Judith brought a bottle of Jameson's and they became fast friends. They built a "Nutshell Pram," a dory designed by E.B. White's son, Joel, which they called *Doris* (daughter of *Tethys*, Sharon and Peter's wooden sloop.)

Sharon is part of the Core Team for Hamden Village and is an active participant – when she is not flying off to places like Pakistan and Beirut.

HEALTH MATTERS Roll Up Your Sleeve, Please, by Nissa Simon



Each year, the Advisory Committee on Immunization Practices (ACIP) updates recommendations for immunizations. This year's adult schedule has a new recommendation that changes pneumococcal vaccination advice for older men and women.

Pneumococcal Recommendation for 2015

ACIP now recommends that all adults 65 and older should receive Prevnar 13 in addition to Pneumovax 23. Medicare will cover an initial vaccination for beneficiaries who have never received one under Part B, and then a different, second one a year after the first. Each of the vaccines protects against different types of pneumococcal bacteria.

The vaccines cannot be given at the same time because they induce an immune response in a different way. This additional protection is especially important for older adults because the risk of serious infections is nearly 10 times that of younger adults.

The timing, frequency, and intervals between the two shots depend on age, medical history, and other factors. Some people need one before the other and some need a revaccination. Scheduling is tricky. Confused? No doubt. So are the docs, who call it "challenging." Not to worry. They have a detailed "how to" that they follow. Ask your doctor to explain it to you and then roll up your sleeve.

IN MEMORIAM LUCILE HUTCHINSON

Lucile Hutchinson died peacefully, though unexpectedly, on November 25; she was 92. Lucy had been in the care of the Mary Wade Home in Fairhaven for the last months of her life. After a long professional and volunteer career teaching and working with the elderly, she joined the HomeHaven Board in October 2012. We knew and loved her as a wise, outspoken, and funny woman.

Look for a more complete obituary in the next issue of the Newsletter.

Other recommendations

Here are ACIP's pertinent recommendations for other vaccinations.

- Diphtheria, pertussis, tetanus (DPT). One dose if you're younger than 65 and have never been vaccinated or 65+ and have contact with infants (think grandchildren). You need a tetanus booster every 10 years. Talk with your doctor if you haven't had at least three tetanus and diptheria shots sometime in your life.
- Varicella (chickenpox). Two doses. Talk with your doctor if you've never had chickenpox or were vaccinated and received only one dose.
- Herpes zoster (shingles). One dose. Recommended for all men and women over 60.
- Measles, mumps, rubella. Adults born before 1957 are generally considered immune.
- Hepatitis A and B. Specific recommendations apply for these two vaccines, so ask your doctor if you need the shots.

The bottom line

Although immunizations are recommended throughout life to prevent serious infectious diseases, too many adults believe they've outgrown the need for them.

Accordingly, the latest figures published by the Centers for Disease Control and Prevention (CDC), report that immunization rates among adults 65 and over for recommended vaccinations are appallingly low: Only 60 percent received appropriate vaccinations against pneumonia; 56 percent held out an arm for a tetanus shot (or booster) within the past 10 years; and 24 percent agreed to be vaccinated against shingles. By far, the biggest winner in the Vaccination Derby was the flu shot — 67 percent of adults over 65 had one.

Of course, ACIP simply provides recommendations, not requirements; nevertheless, think carefully before you decide not to heed them.

Note

If you travel outside the United States, you may need additional immunizations. Log on to the <u>CDC's travel</u> <u>health site</u> for country-specific recommendations.

HOME MATTERS: HomeHaven's Household Services

If you live in a condominium or a cooperative apartment, management usually provides household maintenance. But if you live independently (like the majority of HomeHaven's members), you have to look after your own issues with plumbing, electricity, physical deterioration, and gravity.

For simple, relatively non-technical tasks like picture hanging and rearranging furniture we have plenty of willing volunteers. Just call the office and Kate will poll her list of handy standbys and get you help promptly.

For what we call Tier 1 household services, HomeHaven maintains a roster of vetted service providers. We have over 20 categories of tradespeople and qualified vendors who have current licenses and insurance, have passed background checks and drug testing, and have strong recommendations. The services range from appliance repair to tree removal. A second group of Tier 1 providers in many of the same categories are highly recommended by members, but not formally vetted.

For major issues like substantial renovation, fire or flood remediation, and insurance negotiations and settlements, you will be referred to our Tier 2 partner, Paul Davis Restoration of New Haven County.

When you request a service, describe the problem and the office can give you suggestions for appropriate providers to contact. If the problem is complicated, a member of the Household Services Committee may be able to offer assistance.

TAKE A MINUTE!

HomeHaven's Household Services and Health Committees meet regularly to review the performance of its vetted service providers, adjust policies, and discuss ways to improve communications between vendors and members. If you've been helped by HomeHaven's referrals to service providers, call the office or drop us a note and tell us about the experience. Were you satisfied? Were there problems?

In the event of a misunderstanding or dispute, we're here to help but we need to know what's happened. If you're confused about procedures or having trouble with a vendor, call the office at 203-776-7378. You are not alone!

In order to keep our list of vendors current and reliable, we try to follow up on how they perform and whether our members are satisfied with their services. After each request a Committee member will call to see how things are going. If you are pleased, let us know. If you like a particular provider and start calling that person directly, keep us posted. And, of course, if you have a problem, tell us about that too and *do it promptly*. We can't support you in a contractor dispute if we don't know it's happened.

Whatever your household maintenance problem, HomeHaven should be able to help.

LINKING UP

Links to items of interest recommended by newsletter readers.

Ooops! <u>This one</u> recommended by Jane Jervis almost slipped our minds!

We welcome your comments about these links and your suggestions for others. Send responses to the editors (p. 2) or the office.

Laughter, The Best Tonic NEW ENGLAND HOME

My husband and I purchased an old home in northern Vermont from two elderly sisters. Winter was fast approaching and I was concerned about the house's lack of insulation. "If they could live here all those years, so can we!" my husband confidently declared.



One November night the temperature plunged below zero, and we woke up to find the interior walls covered with frost. My husband called the sisters to ask how they had kept the house warm. After a very brief conversation, he hung up.

"For the past 30 years," he muttered, "they've gone to Florida for the winter."

* * * * * *

"CHRISTMAS IN LÜBECK:" Concert & Talk December 11

HomeHavener Kerry Snyder, Professor Emerita at the Eastman School of Music in Rochester, NY, has planned the program for the December 11 concert by Yale's Schola Cantorum, conducted by Simon Carrington. Titled "Christmas in Lübeck," the program draws mainly on music collected by the cantors of St. Mary's Church in Lübeck, Germany, during the 16th and 17th centuries. The concert will include works for Advent, Christmas, and Epiphany by Heinrich Schütz, Dieterich Buxtehude, Franz Tunder, Andreas Hammerschmidt, Hieronymus Praetorius, and others.

St. Mary's Church achieved musical fame in the 17th century mainly for its organists, Tunder and Buxtehude, who composed both vocal and instrumental music. The music by other composers that the cantors collected for the liturgical needs of the church covers a wide variety of styles, from renaissance motets to baroque sacred concertos for soloists, choir, and instruments. Their library consists

Laughter, The Best Tonic ON A CLEAR DAY. . .

A man called, furious about an Orlando, Florida, vacation package we had booked for him. He complained that he was expecting an ocean-view hotel room.

I explained that this was not possible, since Orlando is in the middle of the state.

"Don't lie to me," he said. "I looked on the map, and Florida is a very thin state."

> Here's to the bright New Year, And a fond farewell to the old; Here's to the things that are yet to come, and to the memories that we hold.

> > - Anonymous

of some 2000 separate works, mainly in printed partbooks. In 1814, as interest in older music waned, the city of Lübeck donated the entire collection to the Gesellschaft der Musikfreunde in Vienna.

Kerry was one of the founding members of East Rock Village/HomeHaven and was active during its early years as webmaster, database manager, board member, and chair of the Activities Committee. As others took over these tasks, she was able to return to a long unfinished musicological project that was finally published last June: *The Choir Library of St. Mary's in Lübeck, 1546-1674: A Database Catalogue.* It is available free <u>here</u>. Her purpose in undertaking this project was to bring this music back to life in performance. HomeHaveners are invited to enjoy the fruits of her labors in the free concert at 5 pm in Christ Church, 84 Broadway, New Haven. Kerry will give a pre-concert talk in the church at 4 pm. (See listing in Events calendar, p. 10)



Happy Birthday to HomeHaven members with a birthday in December

Hans Bergman Jim Broker Sue Eisner Rochelle Lambert Constance LaPalombara Scott Long Copeland MacClintock Barbara Parry Claire Staple Wendy Wells

or in January

David Belt Ann Feinstein Wayne Meeks Sandy Methot Alex Ostfeld Bruce Russsett Mary-Jo Warren



COMPUTER CONNECTION: Should you ask for a computer this December? by Christa Sammons

With the holidays drawing near, many of us may be receiving gifts from friends and family. Should you put out the word that you'd like a tablet or a laptop computer? HomeHaven's Information Task Force thinks you should, but we've heard just now, by a very reliable grapevine, that some folks wonder why they really need any kind of computer. So we've put together a little list.



REASONS TO ASK FOR A COMPUTER

As the owner of a computer with Internet connection, you will be able to:

10. GET IMMEDIATE ACCESS TO AT LEAST 10,000 CRAZY CAT VIDEOS AND AS MANY EGGPLANT RECIPES.

9. PLAY EIGHT GAMES OF SOLITAIRE IN THE TIME IT USED TO TAKE TO PLAY ONE, WITH NO CARD SHUFFLING.

8. SHOP, SHOP, SHOP, AT 3:00 IN THE MORNING, ON NATIONAL HOLIDAYS, AND WITHOUT STARTING THE CAR.

7. SETTLE FAMILY DISAGREEMENTS WITH INSTANTANEOUS ACCESS TO ESOTERIC FACTS.

6. RESEARCH FAMILY HISTORY, NATIVE CULTIVARS, DOG BREEDS, AND THE HISTORY OF BASEBALL.

5. CREATE PERFECTLY-PHRASED DOCUMENTS WITHOUT USING AN ERASER.

4. REKINDLE OLD FRIENDSHIPS ACROSS TIME AND DISTANCE.

3. FIND VITAL INFORMATION QUICKLY; GET NOTICES IN A TIMELY WAY.

2. CORRESPOND BY EMAIL WITH GRANDCHILDREN AND OTHER PEOPLE, YOUNG AND OLD.

1. VISIT THE HOMEHAVEN WEBSITE EVERY SINGLE DAY!

WWW.HOMEHAVENVILLAGES.ORG

Are you convinced? If so, you may be wondering whether to ask for a MacIntosh or PC device. You'll hear arguments on both sides, but it may in the end come down to the loyalties of your gift-giver; in truth, the differences are less than they used to be. Then comes the question: tablet, laptop, or desktop? Many folks find that a tablet, smaller, more portable, and less expensive, fills their needs for research and communication. If you want to use the computer to create printed documents, you should probably ask for a laptop or desktop. HomeHaven volunteers are ready to advise. And whatever the choice, they can help you get started in the new year.



ERVerse: CHRISTMAS

Here comes Christmas once again, Exploding much like oxygen. Everything is overdone Before December has begun.

A zillion trees are cut and sold, Advertising uncontrolled. Rudolf's music booms all day, While Santas join the retail fray.

Merchants warp our sense of thrift, As if each friend must have a gift! People then feel forced to buy, Even though they don't know why.

It puts some in a fiscal mess, And adds to growing Christmas stress. Jesus Christ would be aghast To find his birthday so recast

So as this special day arrives, Reach out to those with lonely lives. Bring them peace and much good will, For that's what Christmas should fulfill.

- Bob Gifford, Doctor of Doggerel

Village Changes Name by Virginia Wilkinson, Co-Leader, Downtown Village

At a late October planning meeting for East Rock Village #1, or ERV#1, also known as the Downtown-Wooster Square Village, the members present decided to shorten our name to Downtown Village. Currently we have 35 members living in University Towers, Crown Towers, Temple Court, Audubon Court, Wooster Square, Fair Haven and Dwight Street. Representatives of University and Crown Towers, Audubon Court and Wooster Square were at the meeting. We thought this name better represented our diverse and inclusive village.

Introducing New Members

HomeHaven is delighted to welcome the following members who joined us last month.

Kaye & Jim Maggart ~ *Hamden*



Hamden Village Holds Wine-Tasting

Gary Haller (right), chemist and connoisseur, presided at a recent tasting of Bordeaux wines for Hamden Villagers at the home of Lynda and Brian West. A crowd of 30 enjoyed sampling and learning about Gary's elegantly chosen white and red wines from the region. Among those present were Kaye Maggart and Sharon Matthews (far right), and L. to R. Lynda West, Kathy and Eric Denardo, Jeanne Drury, and Hal Spitzer (below).







One kind word can warm three winter months.

- Japanese proverb



May you have warmth in your igloo, Oil in your lamp, And peace in your heart. - Eskimo proverb

ONGOING GROUP MEETINGS

BOOK GROUP

Monday, December 7, 10:00-11:30 am at the home of Marge Andrews, 1471 Ridge Road, North Haven, 203-288-0684. The book to be discussed is *The Thing Around Your Neck* by Chimamanda Ngozi Adichie twelve dazzling stories that explore the ties that bind men and women, parents and children, Africa and the United States. Be sure to let Marge know that you plan to attend. New members are always welcome.

Monday, January 4, 10:00-11:30 am, place TBA

Ecstatic Cahoots: Fifty Short Stories by Stuart Dybek will be discussed. In this remarkable collection of bite-size stories, the author explores the human appetite for rapture and for trust.

PINS AND NEEDLES

Monday, December 14, 3:00 pm, at the home of Sheilah Rostow. Please call or email her at 203-777-4254 or <u>sbract3@comcast.net</u> to let her know you will be there. Bring your knitting, sewing, crocheting, mending, or whatever and enjoy good conversation and refreshments. For further information, please contact Jeanne Drury at <u>jeannedrury@AOL.com</u> or 203-281-3227. **New members are always welcome.** Please always let your host know whether you plan to attend.

Monday, December 28 No meeting.

Monday, January 11, 3:00 pm, at the home of Sophie Powell, 100 York Street, New Haven. Monday, January 25, 3:00 pm, venue TBA.

COOKING IN DIFFERENT LANGUAGES: Holiday Cookies

Monday, December 21, 6:30 pm Sign-up deadline, Thursday, December 10.

(Calls after that go to a waiting list.) Newcomers always welcome at these lively explorations of the cuisines of the world. **RSVP** to



Celeste Markle at <u>c_markle@yahoo.com</u>. If you don't use email, call her at 203-397-0492 or call the office.

Monday, January 18, 6:30 pm: Indian (Kerala) Sign-up deadline: Thursday, January 7.

MEMOIR GROUPS

Does the approach of yet another year make you think again about writing your memoir? Joining one of the very successful memoir writing groups is a great way to start. The groups meet every other week for an hour and a half. Two people read a few pages of their work and we discuss each in turn. Memoirs can take many shapes: a series of vignettes or a story that starts "I was born...,.", tales about your career, sets of relationships, even the pets you have owned!

If you are tempted, why don't you give it a try? For more information please call or email Harriet Bergmann at 203-776-0703 or <u>hfb183@gmail.com</u>.



November Outing: Darling House Tour

Twelve HomeHaveners, some of them long time Woodbridge residents who had never visited before, spent a lively afternoon with Don Menzies, the

enthusiastic, knowledgeable force behind the preservation of the 1772 Thomas Darling House. Shown at left are Sophie Powell, Peter Wells, and Louis Audette. For Frank Estes (right), a spinner himself, the several spinning wheels on display were of special interest.



Events: December 2015 - January 2016.



Friday, December 4, 3:00-5:00 pm HomeHaven Holiday Party, 24 Everit Street

It's that time again! Come join your HomeHaven friends and start celebrating the holidays. Good food, drinks, music, and cheer all provided for your enjoyment. You won't want to miss this one. Please call the office if you plan to attend. Park on the street and access No. 24 via the driveway between Nos. 22 and 32.

Saturday, December 5, 12:00 noon-8:00 pm Sales Event at 10,000 Villages, 1054 Chapel Street

Here's your chance to get a lot of your gift shopping done and at the same time benefit HomeHaven. 10,000 Villages has offered us the opportunity not only to earn a percentage of the day's take but also to explain to other shoppers who we are and what we're about. If you've been to 10,000 Villages you know what a treasure trove this fair-trade shop is; if not you're in for a treat. Volunteers are needed for one to two hour shifts to dispense cookies, cider, and HH information. Please call the office to let us know when you are available.

Sunday, December 6, 7:00 pm Amahl and the Night Visitors, an opera by Gian Carlo Menotti

Bethesda Lutheran Church, 450 Whitney Avenue

Performed by opera students from Western Connecticut State University, it tells the story of a poor shepherd boy and his encounter with three kings and the miraculous healing of his crippled leg. Its charming mix of tuneful melody, dancing rhythms, delightful choruses, humor, and poignancy makes it immediately accessible to audiences of all ages and musical tastes. Admission is free. A free-will offering will be taken with all proceeds going to IRIS (Integrated Refugee and Immigrant Services) in New Haven.

Friday, December 11, 5:00 pm.

"Christmas in Lübeck" performed by Yale's Schola Cantorum, Simon Carrington conducting.

Christ Episcopal Church, 84 Broadway, New Haven. Enter on Elm St.

4:00 pm, pre-concert talk by Kerry Snyder, on whose research the program is based. (See article, page 6).

HOMEHAVEN OFFICE 203-776-7378 hhkateh@gmail.com

Thursday, January 14, 2:00 pm Talk by Normand Methot: "Working with the Haitian Health Foundation," North Haven Memorial Library, 17 Elm Street, North Haven

Every summer from 1997 through 2012 Normand spent time in the city of Jérémie on the northwestern tip of Haiti making furniture and repairing and improving the buildings of the Haitian Health Foundation's clinics. Founded in the 1980's by Dr. Jeremiah Lowney, an orthodontist in Norwich, CT, HHF now has two campuses that offer dental care, eye care, nutrition for undernourished babies and children, and a clinic devoted to the care and wellbeing of pregnant women.

Monday January 25, 3:00 pm

Talk on Dementia by Dr. Richard Marottoli, Professor of Medicine (Geriatric) at Yale

Mitchell Library, 37 Harrison Street, Westville

Dr. Marottoli, Medical Director of the Dorothy Adler Geriatric Assessment Center, will explain the various causes of dementia and current therapeutic approaches, and provide information about current research on Alzheimer's dementia.

From the Activities Committee

PLEASE HELP! There is always a reason when we ask you to sign up for an event. For example:

- 1. Space is limited.
- 2. Either a limited number of tickets is available or we must sell a specific number to get a group discount.
- 3. We need to know if there is enough interest to undertake an event
- 4. Carpooling or food service may need to be arranged.
- 5. Most important, it helps HomeHaven keep records of members' interests and participation in activities to convey to prospective grant givers.

So please sign up when we ask you to. And please know that the Committee is always open to your comments and suggestions!